



ATHLETICS

2009 RULES

20/02/08

Team Requirements

- There will be one age group: School Years 4, 5 & 6.
- Each team shall consist of 12 athletes: 6 girls and 6 boys.
- Each Local Authority area must provide a marshal, who needs to be available all day additional to the teams manager.
- Each team member must wear the supplied competitor numbers on the front and back of their Devon Games To Inspire T-shirt when competing.
- Each team can bring 1 girl and 1 boy Reserve on the day. These children will be able to take part in the events during the day in a non-scoring capacity, with time allowing. All of these children need to have trained in all 8 events. A timetable of these events will be given out on the day.

Team Eligibility

- No athletic club teams can enter, i.e. open LA area trials should be held.
- Players must not have competed, trained or been selected at County, Regional or National Level, or have been selected for or participated in a Centre of Excellence in the 12 months prior to 31st March (this includes The Fun and Regional Festival held at Torbay Leisure Centre on 17th January 2009.)

N.B. This ruling now also applies to cross-country and road running.

Competition Format

- The event will take the form of a team-based multi-event competition.
- Each team member will compete in EIGHT events during the day - an Octathlon. (See attached sheet for details of events.)

Sports Rules

- The competition will be held in the spirit of UK Athletics rules.
- Scoring tables will be used to determine team points, according to individual athletes running times, best throw and jump etc.

Official's Decision

- In all matters relating to the competition the Event Co-ordinators decision shall be final and binding.

Schedule of Events

- Team Octathlon
- Team of 12 (school years 4, 5 & 6) - 6 girls and 6 boys
- All members in the team will take part in eight events

	EVENTS SECTION	Team Members	Team Members
	Event	Girls	Boys
1	1 Lap Sprint	3	3
	4 Lap Race	3	3
2	1 Lap Low Hurdles	6	6
3	Speed Bounce	6	6
4	Standing Long Jump	6	6
5	Sitting Throw	6	6
6	Chest Push (1kg)	6	6
7	Soft Javelin	6	6
8	Obstacle Relay	6	6